







**LOUISA RIDGE**  
DAY SERVICES • RESIDENTIAL • TRANSPORTATION  
**OUTING CALENDAR**

See back for inside activities


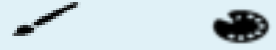

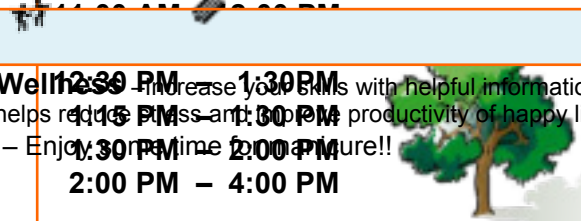

**MARCH**

*Developmental Disability Awareness Month*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1 <b>NATIONAL DRESS IN BLUE DAY</b>
4	12:00p- 1:00p <b>Summit Mall Walk</b>	5 <b>Color It So!</b> 12:00p-1:00p Goodyear Library	6 12:00p-1:00p <b>Botce Ball</b> Quirk Cultural Center	7 12:00p - 1:00p <b>Balloflex &amp; Linedance</b> Summit Reach Community Center	8 <b>SPORT TEAM TSHIRT DAY</b> 12:00p-1:00p <b>Indoor Walk</b> AGHWC-Bath
11	12:00p-1:00p <b>Chapel Mall Walk</b>	12 12:00p-1:00p <b>Down Town Library</b>	13 12:00p-1:00p <b>Senior Cards</b> Stow Senior Center	14 12:00p - 1:00p <b>Senior Bingo</b> Stow Senior Center	15  <b>SILLY HAT DAY</b>
18 	12:00p-1:00p <b>Clowning Around</b> Blue Box Studio	 <b>SummitDD Inclusion Day</b>	20 12:00p-1:00p <b>Clowning Around</b> Blue Box Studio	21 <b>DANCE WITH US</b> <b>DD AWARENESS</b> <b>EVENT</b>	22 12:00p-1:00p <b>Nature Realm</b> Fairlawn Metroparks
25	12:00p- 1:00p <b>Summit Mall Walk</b>	26 12:00p-1:00p <b>Down Town Library</b>	27 12:00p-1:00p <b>Senior Cards</b> Stow Senior Center	28  12:00p - 1:00p <b>Senior Bingo</b> Stow Senior Center	

**\*\* Calendar is subject to change \*\***

If participant will be arriving late, absent, or will be leaving early please remember to contact the Day Program

	
<p><b>Reading and Math Club</b> – Reading is essential! While math helps seeing numbers as part of real-life experiences with problem solving skills. Set goals with the book challenge, and to progress in math skills.</p>	<p><b>Beverage Club</b> – Come and enjoy a beverage while engaging in facts and trivia. A time to social and have conversation with your peers.</p> <p><del>6:00 AM - 10:30 AM</del>  <del>10:15 AM - 10:45 AM</del></p>
	
<p><b>Bocce Ball</b> - This is a relaxing a strategic game with roman ancestry. This is an indoor activity which provides an opportunity to make friends and develop bocce game skills. This activity is offered every Wednesday  <b>Art in Motion</b>  <b>Me Time</b>  <b>Departure</b>      Quirk Cultural Center</p>	<p><b>Health and Wellness</b> - Increase your skills with helpful information in hygiene, diet and exercise. Also helps reduce stress and improve productivity of happy living.</p> <p><b>Pamper Me</b> – Enjoy some time pampering!!</p> <p><del>12:30 PM - 1:30 PM</del>  <del>1:15 PM - 1:30 PM</del>  <del>1:30 PM - 2:00 PM</del>      2:00 PM - 4:00 PM</p>
	
<p><b>Outside</b> - Spend time outside in the community, while learning new activities and engaging in different culture experiences. This weather permitting</p>	<p><b>Balloflex &amp; Line dancing</b>–      Is a seated fitness program. This can be done in seated chair or an exercise ball.      With many different styles of music to line dance too. Come join the fun!</p>
<p><b>Clowning Around</b>- A clown show for all ages.</p>	<p><b>Art Club</b> – Explore new adventures with crafts, science and creative history projects. “Take chance, make decisions and get messy!” - Ms. Frizzle</p>

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